



Fact Sheet

HEALTH SERVICES RELEASE PLANNING

Introduction

The Department of Corrections (DOC), in addition to standard facility reentry programming, offers specialized release planning services for offenders with the following treatment needs: sexual offending, chemical dependency, medical, mental health, and/or brain injury. The criteria to receive these services are listed below.

Specialized release planners provide assistance related to the following community-based services and programs: applying for health insurance and Social Security disability benefits, housing, chemical dependency recovery and support, arranging medical services, mental health services and dental care, employment, education, transportation, leisure activities, veterans' services, and personal need resources, such as clothing and food.

Medical Release Planning

The criteria needed to receive medical release planning services are a referral from a DOC medical provider and existence of chronic or acute medical conditions that require continuity of care upon release into the community. Possible conditions include: cancer, HIV, end-stage conditions (renal, liver, pulmonary, etc.), paralysis, and/or recent major surgeries or medical procedures.

Additional Services Offered: Some offenders may need additional services. These might include placement at a health care facility (nursing home or assisted living facility), specialized medical services (dialysis), obtaining medical equipment, waived services, advanced health care directive facilitation, State Medical Review Team (SMRT) applications, and financial benefits in addition to Social Security.

Mental Health Release Planning

The criteria needed to receive mental health release planning services are:

- 1) A current diagnosis of schizophrenia, bipolar disorder, major depression, schizoaffective disorder, and/or borderline personality disorder
- 2) A recent long-term hospitalization/inpatient care due to mental health conditions
- 3) Multiple recent short-term hospitalizations/inpatient care due to mental health conditions; and/or
- 4) A recent court commitment or stayed commitment as mentally ill

Additional Services Offered: Some offenders many need additional services. These services might include: placement at specialized mental health facilities such as Intensive Residential Treatment Services (IRTS), group homes, board and lodges, group residential housing (GRH), or dual diagnosis treatment providers, making therapy and psychiatric appointments, filing of SMRT applications, county mental health case management, Adult Rehabilitative Mental Health Services (ARMHS), waived services, and financial benefits in addition to Social Security.

Chemical Dependency Release Planning

The criteria needed to receive chemical dependency release planning services is participation in a DOC chemical dependency treatment program at the Minnesota Correctional Facility Moose Lake, St. Cloud, Lino Lakes or Faribault.

Additional Services Offered: Some offenders may need additional services such as chemical dependency-specific transitions classes that address various reentry topics, Rule 25 assessments, and referral for community-based chemical health services such as residential services, outpatient treatment, aftercare, recovery coaches and/or temporary sponsors.

Co-occurring Disorder Release Planning

The criterion needed to receive these release planning services is participation in the DOC co-occurring disorder treatment program at the MCF-Lino Lakes.

Additional Services Offered: Some offenders many need additional services such as arranging for services that specialize in providing transitional care specific to the needs of those with mental illness, as well as a chemical dependency diagnosis. These services may include a Rule 25 assessment, and a referral for community-based mental health and chemical health services.

Sex Offense Release Planning

The criteria needed to receive sex offense release planning services is participation in a DOC sex offender treatment program at the MCF-Rush City or Lino Lakes.

Additional Services Offered: Some offenders may receive additional services including sex offender-specific transitions classes that address employment and interview skills training, specialized community support education meetings, and referrals for community-based sex offense services such as outpatient treatment, aftercare, specialized support services and/or sexual addiction support groups.

Fiscal Year 2015 Release Plans

Rule 25 Assessments	276
Sex offender release plans	83
Chemical dependency release plans	193
Medical release plans	110
Mental health release plans	313
Total	975

The numbers above indicate how many release plans were completed with therapists in fiscal year 2015.

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